



## for Child and Earth Health



In areas where spring has just begun, you probably need to get started by planting seeds in containers in your classroom. We suggest collecting at least one yogurt cup for each child. Buy organic seeds and potting soil. DO NOT use pesticides. Garden pesticide free is an Earth and health friendly thing to do!

The following web site is great for helping you to start a school/church/home garden with kids. Because schools are often closed in the summer, you will have to make plans for garden care during that time period.

<http://urbanext.illinois.edu/firstgarden/>

